

REF. 409

Loaf 100% Spelt And Cereals 300g

Spelt is a cereal that is considered to be the origin of the varieties of wheat that are consumed today. dipped in spelt, a source of fibre, it helps regulate intestinal transit.

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300 g	26 cm	13 u.	48 boxes	175-185 ⁰C	15-20 min	25-30 min





STONE OVEN · SOURCE OF FIBRE · LONG RESTS · SEEDS AND CEREALS · HANDMADE · HIGHLY HYDRATED · HIGH DURABILITY ·